

FORM 4

[] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF
SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or
Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *	2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)
Woods-Keisling Sharon	Spok Holdings, Inc [SPOK]	<input type="checkbox"/> Director <input type="checkbox"/> 10% Owner <input checked="" type="checkbox"/> Officer (give title below) <input type="checkbox"/> Other (specify below) Corporate Secretary, Treasurer
(Last) (First) (Middle)	3. Date of Earliest Transaction (MM/DD/YYYY)	
C/O SPOK HOLDINGS, INC., 5911 KINGSTOWNE VILLAGE PARKWAY, 6TH FLR	1/3/2023	
(Street)	4. If Amendment, Date Original Filed (MM/DD/YYYY)	6. Individual or Joint/Group Filing (Check Applicable Line)
ALEXANDRIA, VA 22315		<input checked="" type="checkbox"/> Form filed by One Reporting Person <input type="checkbox"/> Form filed by More than One Reporting Person
(City) (State) (Zip)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	1/3/2023		M		7616	A	\$8.19	36023	D	
Common Stock	1/3/2023		F		2697	D	\$8.19	33326	D	

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivate Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Trans. Date	3A. Deemed Execution Date, if any	4. Trans. Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form of Derivative Security: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	(1)	1/3/2023		M			1908	(2)	(2)	Common Stock	1908	\$0.00	0	D	
Restricted Stock Units	(1)	1/3/2023		M			2096	(3)	(3)	Common Stock	2096	\$0.00	2097	D	
Restricted Stock Units	(1)	1/3/2023		M			3612	(4)	(4)	Common Stock	3612	\$0.00	7226	D	

Explanation of Responses:

- (1) Each Restricted Stock Units ("RSUs") represents a contingent right to receive one share of the issuer's Common Stock.
- (2) On January 3, 2023, 1908 RSUs vested.
- (3) On January 3, 2023, 2,096 RSUs vested. The remaining 2,097 RSUs will vest on December 31, 2023 (e.g. "three equal annual installments").
- (4) On January 3, 2023, 3,612 RSUs vested. The remaining 7,226 RSUs will vest on December 31, 2023 and December 31, 2024 (e.g. "three equal annual installments").

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Woods-Keisling Sharon C/O SPOK HOLDINGS, INC. 5911 KINGSTOWNE VILLAGE PARKWAY, 6TH FLR ALEXANDRIA, VA 22315			Corporate Secretary, Treasurer	

Signatures

/SHARON WOODS KEISLING/

1/4/2023

Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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